

FEATHER DESTRUCTIVE BEHAVIOR MODIFICATION – A RECAP

1. MEDICAL: TAKE THE BIRD TO AN AVIAN VET FOR A COMPLETE EVALUATION TO ELIMINATE DISEASE AS THE CAUSE

2. ENVIRONMENT:

- **KEEP THE BIRD AT A STRICT DAYLIGHT SCHEDULE WITH EXPOSURE TO TWILIGHT**
- **INSTALL FULL SPECTRUM LIGHTS WITH A CRI HIGHER THAN 93 FOR THE DAYLIGHT HOURS**
- **PUT A HUMIDIFIER IN THE ROOM WHERE THE BIRD IS KEPT**
- **PUT AN AIR PURIFIER IN THE ROOM WHERE THE BIRD IS KEPT**

3. DIET:

- **ORGANIC AND VARIED DIET WITH PLENTY OF VEGETABLES, FRUITS AND LEAFY GREENS**
- **DO NOT FREE FEED SEEDS OR PELLETS (PELLETS SHOULD BE ORGANIC AND 100% NATURAL)**



- **ELIMINATE ALL ALLERGENS, PEOPLE FOOD AND MEAT FROM DIET**
- **FEED BREAKFAST RIGHT AFTER SUN IS UP AND DINNER WHEN SUN STARTS TO SET**
- **DISTILLED OR SPRING WATER FOR DRINK AND BATH**
- **GOOD QUALITY SUPPLEMENTS: VITAMINS, CALCIUM AND PROBIOTICS**

4. ENTERTAINMENT, EXERCISE, ETC

- **BIRD SHOULD HAVE, AT LEAST, FIVE HOURS OUT OF THE CAGE**
- **BIRD SHOULD HAVE, AT LEAST, THREE HOURS OF INTERACTION WITH OWNER**
- **BIRD SHOULD HAVE NEW TOYS ALL THE TIME AND AN EMPHASIS SHOULD BE PLACED IN PLUCKING TOYS**
- **FLYING! FLYING! FLYING!**
- **DAILY BATHS WITH SPRING OR DISTILLED WATER AND A GOOD SPLASH OF ORGANIC ALOE VERA JUICE (TWO IF POSSIBLE, ONE IN THE AM AND ANOTHER ONE AT NOON)**

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